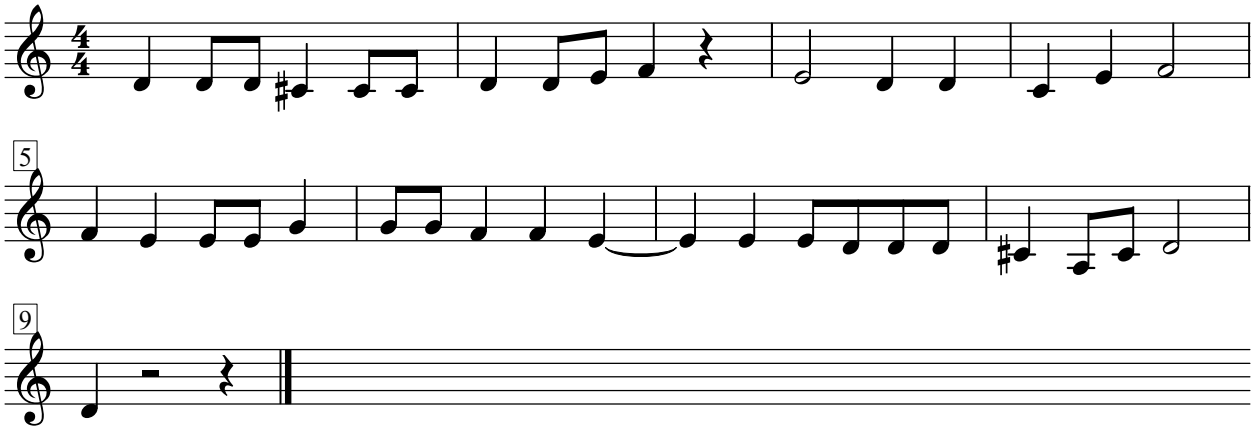Liti Kjersti og Elvekongjen